

## At-Home Lesson 1: What is a Quilt?

### Introduction:

Quilts are a form of textile that comes in many shapes and styles, and serves many uses. This lesson explores the most essential definition of a quilt and some common styles of quilting used throughout history and by quilters today, and encourages students to examine textiles in their lives, and to create their own quilt block project.

Age level: K-5

### Supplies

For this activity, you will need:

- 1) Fabric around your house.
- 2) Your favorite writing instrument.
- 3) A piece of paper.

Lesson: What is a quilt?

Is a quilt a blanket? Is it something you wear? Is it art? Does it tell stories?

The answer to all of these questions is yes! A quilt is a blanket. It is something you wear. It is art. It can tell stories.

So what makes a quilt a quilt? Watch [this video](#) to see:



[click here](#) to watch the three-minute video

## Activity:

Now that you know what makes a quilt a quilt, do you have any quilts at your house? Let's go on a Quilt Scavenger Hunt!

With help from a grown-up, find blankets, clothes, and other things made out of cloth. Once you have them, put them into three piles. The first pile is "Yes, this is a quilt." The second pile is, "This may be a quilt." The third is "No, this not a quilt."

Once you make your piles, use a paper and pencil to write why you think something is or is not a quilt. Then, look at your "maybe" pile and write down why you think it could be a quilt and why it might not be a quilt. Share your answers with a family member or friend.